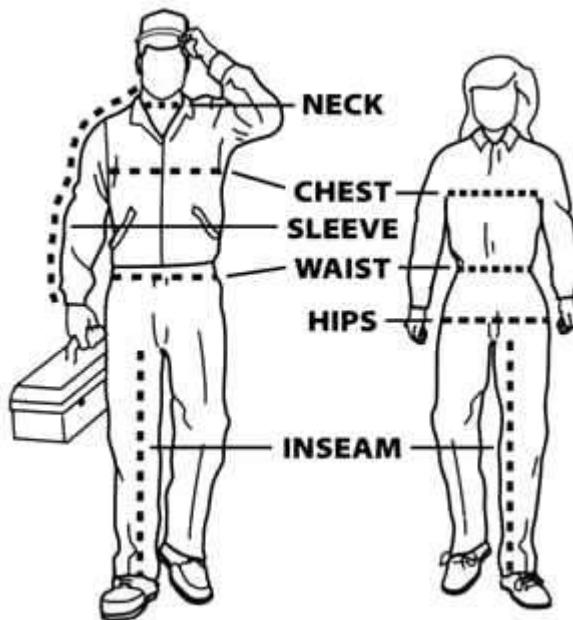
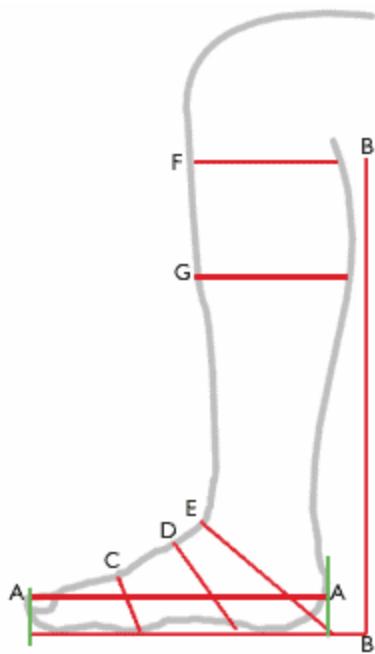


## Made to Measure



Measurement	
Outside Leg – Measure from waist down the outside of the leg to where the preferred length is	
Inside Leg – Measure from the required hem up to crutch seam	
Body Rise – Sitting on a hard chair measure from waist to chair	
Waist – Measure the waist at the position of a belt or trouser waistband (not over trousers). Allow one finger space so it is comfortable.	
Hip – Measure the widest part of the hips, appro 21cm from waist	
Neck – Measure the base of the neck touching front collar bone	
Chest – Measure the chest from armhole to armhole, do not allow the tape to fall at the back.	
Length – Measure from the bone protruding at the back of the neck to required length.	
Sleeve Length – Place the hand on the hip so the arm is bent, measure from the back neck bone over the shoulder bone, and elbow down to required length.	
Waist Length – Measure from back neck bone to waist position.	



Point	Measurement	Left	Right
A	Length of Foot		
B	Taken in stocking feet, at back of leg from ground to desired height of boot		
C	Taken around joint of big and little toe		
D	Taken over the instep bone – slightly back toward heel		
E	Taken from back of heel around front		
F	Taken over leg just under knee joint on outside of leg		
G	Taken over fullest part of calf		